



# Massey Centre

## EarlyON Child and Family Centre

### April 2 – April 6

### Weekly Activity Schedule

1102 Broadview Avenue, Toronto ON M4K2S5 416.425.3636

Our highlighted daily activity is just one of many exciting things to do at the Massey EarlyON Child and Family Centre. The space is set up for child-led play with various activity areas and toys. We provide a nutritious snack and a fun Circle Time with songs and stories at each of our sessions. We also encourage outdoor exploration, weather permitting, we go outside during the last half hour of our morning program.

Days	Time	Ages	Activity
<b>Monday April 2</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Paper Plate Easter Bunny Ears</b> —This activity helps to enhance children’s social and emotional development as they interact and share ideas with other children and caregivers and practice their language skills as they communicate.
	2:00pm to 4:00pm	0 to 18 months	<b>Infant and Toddler Time Drop-In</b> <b>Activity: Climbers</b> — Infants and toddlers can explore the world around them as they use their developing muscles to climb, crawl and walk. Social skills are developed as they interact with their caregivers. Parents can set up simple rules for children to follow so they can practice their working memory and inhibition challenges.
<b>Tuesday April 3</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Finger Paint Flower Garden</b> —This activity helps to enhance children’s cognitive development as they plan and create their art. They are free to express their art in their unique way.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> The demands of songs and movements games support executive function as children have to move to a specific rhythm and synchronize words to actions and the music, all to practice inhibitory control and working memory.
<b>Wednesday April 4</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Lacing Puzzles</b> —This activity helps to enhances children’s fine motor development as they learn to manipulate different objects and develop their coordination of the small muscles in their hands.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> Play pretend helps children tell their stories. Our dramatic play area helps children practice holding and manipulating information in working memory.
<b>Thursday April 5</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Find-a-bug Sensory Bin</b> —This activity helps to stimulate different senses in children. Sensory play encourages children to explore and sets the foundation of science as they investigate the different materials they play with.
	3:30pm to 5:30pm	Moms 13 yrs to 25 yrs	<i>**Pre-registered Program—Call for more information</i> <b>Food 4 Thought:</b> Life Skills program for pregnant and parenting adolescents.
<b>Friday April 6</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Passover Celebration</b> —Learning about different cultural celebrations, traditions and languages are important tools to help children learn inclusion and feel valued. This is an important step in social development.
	2:00pm to 4:00pm	0 to 12 months	<b>Baby and Me Drop-In:</b> <b>Activity: Play and Circle</b> —Songs or chants with simple motions are a lot of fun for infants, and help them develop self-control and working memory as well as language.



# Massey Centre

## EarlyON Child and Family Centre

April 9—April 13

### Weekly Activity Schedule

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Days	Time	Ages	Activity
<b>Monday April 9</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Spring Window Art</b> —This activity helps to enhance children’s social and emotional development as they interact and share ideas with other children and caregivers and practice their language skills as they communicate.
	2:00pm to 4:00pm	0 to 18 months	<b>Infant and Toddler Time Drop-In</b> <b>Activity: Ball Pit Fun</b> —Infants and toddlers can explore the world around them as they use their developing muscles to climb, crawl and walk. Social skills are developed as they interact with their caregivers.
<b>Tuesday April 10</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Spring Flower Butterfly</b> —This activity helps to enhance children’s cognitive development as they plan and create their art. They are free to express their art in their unique way.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> The demands of songs and movements games support executive function as children have to move to a specific rhythm and synchronize words to actions and the music, all to practice inhibitory control and working memory.
<b>Wednesday April 11</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Pipe Cleaner and Strainer</b> — This activity helps to enhances children’s fine motor development as they learn to manipulate different objects and develop their coordination of the small muscles in their hands.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> Play pretend helps children tell their stories. Our dramatic play area helps children practice holding and manipulating information in working memory.
<b>Thursday April 12</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: International Grilled Cheese Day</b> —This activity helps to stimulate different senses in children. Sensory play encourages children to explore and sets the foundation of science as they investigate the different materials they play with.
	3:30pm to 5:30pm	Moms 13 yrs to 25 yrs	<i>**Pre-registered Program—Call for more information</i> <b>Food 4 Thought:</b> Life Skills program for pregnant and parenting adolescents.
<b>Friday April 13</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Stretch it Out Circle Time</b> —This activity helps to develop children’s gross motor development. This is important to develop core stability which is the foundation of skills such as walk, running, jumping and sitting upright.
	2:00pm to 4:00pm	0 to 12 months	<b>Baby and Me Drop-In:</b> <b>Activity: TPHN</b> —Come and visit our Toronto Public Health Nurse and have the opportunity to ask questions and hear what they have to say on important infant health and safety topics.



# Massey Centre

## EarlyON Child and Family Centre

April 16—April 20

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Days	Time	Ages	Activity
<b>Monday April 16</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Emotion Matching Activity</b> — This activity helps to enhance children’s social and emotional development as they interact and share ideas with other children and caregivers and practice their language skills as they communicate.
	2:00pm to 4:00pm	0 to 18 months	<b>Infant and Toddler Time Drop-In</b> <b>Activity: Parachute Play</b> — Infants and toddlers can explore the world around them as they use their developing muscles to climb, crawl and walk. Social skills are developed as they interact with their caregivers
<b>Tuesday April 17</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Paper Plate Birds Nest</b> — This activity helps to enhance children’s cognitive development as they plan and create their art. They are free to express their art in their unique way.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> The demands of songs and movements games support executive function as children have to move to a specific rhythm and synchronize words to actions and the music, all to practice inhibitory control and working memory.
<b>Wednesday April 18</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Rainbow Bead Necklace</b> —Various sizes of beads promote different grasps (fine motor skills). Larger beads often promote the "3-jaw chuck" grasp, similar to holding a large pencil or marker. Smaller beads encourage children to use their pincer grasp, thus strengthening the small muscles of their hands. Children can explore shapes, colors and other materials as they use their cognitive skills to create art.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> Play along with the child, and let the child direct the play. Give the child a chance to tell you what role you should play and how you should do it. Regulating the behavior of others is an important way for children to develop their own self-regulation skills.
<b>Thursday April 19</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Pom-Pom Painting</b> — This activity helps to stimulate different senses in children. Sensory play encourages children to explore and sets the foundation of science as they investigate the different materials they play with.
	3:30pm to 5:30pm	Moms 13 yrs to 25 yrs	<b>**Pre-registered Program—Call for more information</b> <b>Food 4 Thought:</b> Life Skills program for pregnant and parenting adolescents.
<b>Friday April 20</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Tunnel Fun</b> —This activity helps to develop children’s gross motor development. This is important to develop core stability which is the foundation of skills such as walk, running, jumping and sitting upright.
	2:00pm to 4:00pm	0 to 12 months	<b>Baby and Me Drop-In:</b> <b>Activity: Tunnel Fun</b> — Infants and toddlers can explore the world around them as they use their developing muscles to climb, crawl and walk. Social skills are developed as they interact with their caregivers



# Massey Centre

## EarlyON Child and Family Centre

April 23—April 27

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Days	Time	Ages	Activity
<b>Monday April 23</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Cup Cake Liner Umbrellas Group Art</b> —This activity helps to enhance children’s social and emotional development as they interact and share ideas with other children and caregivers and practice their language skills as they communicate.
	2:00pm to 4:00pm	0 to 18 months	<b>Infant and Toddler Time Drop-In</b> <b>Activity: Music Circle</b> — Songs or chants with simple motions are a lot of fun for infants, and help them develop self-control and working memory as well as language.
<b>Tuesday April 24</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Bottle Print Spring Flowers</b> —This activity helps to enhance children’s cognitive development as they plan and create their art. They are free to express their art in their unique way.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> The demands of songs and movements games support executive function as children have to move to a specific rhythm and synchronize words to actions and the music, all to practice inhibitory control and working memory.
<b>Wednesday April 25</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Kite Day: Make your Own</b> — This activity helps to enhances children’s fine motor development as they learn to manipulate different objects and develop their coordination of the small muscles in their hands.
	2:00pm to 3:30pm	0 to 6 years	<b>Afternoon Drop-In</b> <b>Activity:</b> Play pretend helps children tell their stories. Our dramatic play area helps children practice holding and manipulating information in working memory.
<b>Thursday April 26</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Strom Cloud Wind Chime</b> —This activity helps to stimulate different senses in children. Sensory play encourages children to explore and sets the foundation of science as they investigate the different materials they play with.
	3:30pm to 5:30pm	Moms 13 yrs to 25 yrs	<b>**Pre-registered Program—Call for more information</b> <b>Food 4 Thought:</b> Life Skills program for pregnant and parenting adolescents.
<b>Friday April 27</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Balancing Board</b> —This activity helps to develop children’s gross motor development. This is important to develop core stability which is the foundation of skills such as walk, running, jumping and sitting upright.
	2:00pm to 4:00pm	0 to 12 months	<b>Baby and Me Drop-In:</b> <b>Activity: Play and Circle</b> —Songs or chants with simple motions are a lot of fun for infants, and help them develop self-control and working memory as well as language.



# Massey Centre

## EarlyON Child and Family Centre

### April 30

### Weekly Activity Schedule

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Days	Time	Ages	Activity
<b>Monday April 30</b>	9:30am to 12:00pm	0 to 6 years	<b>Morning Drop-In</b> <b>Activity: Leaf Stencil Group Art</b> —This activity helps to enhance children’s social and emotional development as they interact and share ideas with other children and caregivers and practice their language skills as they communicate.
	2:00pm to 4:00pm	0 to 18 months	<b>Infant and Toddler Time Drop-In</b> <b>Activity: Play And Circle</b> —Songs or chants with simple motions are a lot of fun for infants, and help them develop self-control and working memory as well as language.



Positive Space