



January 2019



Massey Centre EarlyON Child and Family Program
1102 Broadview Avenue, Toronto ON M4K 2S5 416-425-3636

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Positive Space	1 Program Closed <i>Happy New Year</i>	2 Morning Drop-In Firework Painting [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	3 Morning Drop-In Paper plate polar bears [0 to 6 years] 9:30-12:00 **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 3:30-6:00	4 Morning Drop-In Stepping stone [0 to 6 years] 9:30-12:00 Baby and Me Drop-In Parachute [0 to 12 months] 2:00-4:00	5 Program Closed
7 Morning Drop-In Pajama day [0 to 6 years] 9:30-12:00 Infant and Toddler Time Drop-In Play and Circle [0 to 18 months] 2:00-4:00	8 Morning Drop-In Music Circle [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	9 Morning Drop-In Cotton ball snow person [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	10 Morning Drop-In Finger paint [0 to 6 years] 9:30-12:00 **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 3:30-6:00	11 Morning Drop-In Yoga moves [0 to 6 years] 9:30-12:00 Baby and Me Drop-In Toronto Public Health Nurse [0 to 12 months] 2:00-4:00	12 Program Closed
14 Morning Drop-In Fruit plat collage [0 to 6 years] 9:30-12:00 Infant and Toddler Time Drop-In Little climbers [0 to 18 months] 2:00-4:00	15 Morning Drop-In Cheerios Bracelet [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	16 Morning Drop-In Hand print polar bear [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	17 **[Pre-Reg] Trip to Playground Paradise [Walking to 6 years] 9:30-12:00 **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 3:30-6:00	18 Morning Drop-In Mittens [0 to 6 years] 9:30-12:00 Baby and Me Drop-In Baby Massage [0 to 12 months] 1:00—3:00	19 Program Closed
21 Morning Drop-In Sensory box (Antarctic animals) [0 to 6 years] 9:30-12:00 Infant and Toddler Time Drop-In tunnels [0 to 18 months] 2:00-4:00	22 Morning Drop-In Painting winter scene [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30 	23 Morning Drop-In Cotton ball igloo [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30	24 Trip to Pape Library [0 to 6 years] 9:30-12:00 **[Pre-Reg] Baby Love [0 to 15 months] 1:30-3:00 **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 3:30-6:00 	25 Morning Drop-In Foot print snow man [0 to 6 years] 9:30-12:00 Baby and Me Drop-In Baby Massage [0 to 12 months] 1:00—3:00 	26 Saturday Morning Drop-In 9:00-12:00
28 Morning Drop-In Paper bag puppet [0 to 6 years] 9:30-12:00 Infant and Toddler Time Drop-In Bubble fun [0 to 18 months] 2:00-4:00	29 Morning Drop-In Ice painting [0 to 6 years] 9:30-12:00 Afternoon Drop-In [0 to 6 years] 2:00-3:30 	30 Morning Drop-In Dream catcher [0 to 6 years] 9:30-12:00 Afternoon Drop-In Clothing and Toy Swap [0 to 6 years] 2:00-3:30	31 Trip to Withrow Park [0 to 6 years] 9:30-12:00 **[Pre-Reg] Baby Love [0 to 15 months] 1:30-3:00 **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 3:30-6:00		



OUR PROGRAMS

Morning and Afternoon Drop-In [0-6 yrs]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

Food 4 Thought [Mom's 13 to 25 yrs]

A program designed for young moms to improve food/cooking skills including increased knowledge in techniques and planning. In addition to the preparation of healthier meals.

* [Pre-Reg] Pre-Registered Activities

Activities with a Pre-Registration requirement. Participants can ask staff for more information.

Saturday Morning Drop-In

Come check out our new Drop-In program! This program runs on the last Saturday of each month from 9:00 am to 12:00 pm.

Baby Love * [Pre-Reg]

"Baby Love is an attachment-based program to help caregivers give their babies a better start in life; one that supports better health, better relationships and better learning. It helps parents recognize that babies have minds, that babies "talk" to us and that they need us to respond. Babies who start off well are likely to do better for the rest of their lives."

We are running a 12-week workshop on Baby Love, starting January 24, 2018. This is a Pre-Registered program. If interested please contact the EarlyON staff. Also, please call 416-425.3636 if you are interested in future workshops.

MASSEY CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Massey Centre-MIMH - collaborates with OEYC staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact OEYC staff or Carmen Chivoiu, MIMH at phone 416-696-3344.

WHAT'S HAPPENING THIS MONTH?

We will be going on a field trip to the **Playground Paradise on January 18th**. It is a drop-in centre located in Flemington Park that has a great indoor playground. Please register with us if you would like to come. We will provide tokens for transit.

We will be going on a field trips on Thursdays. Walk with us at 9:30 from the Massey Centre or meet us there.

- **Pape Library on January 18th.**
- **Withrow Park on January 31st.**

A new session of the Baby Love Workshop will be starting on January 24th.

Clothing and Toy Swap: January 30th @ 2pm
We will be having a clothing and toy swap where families can bring their gently used clothes and toy and everyone is welcome to take what they would like. It is not necessary to bring anything in order to participate.

EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Massey Centre Child and Family Program Supervisor at 416 696 3348

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250
For Native Child and Family Services EarlyON programming call 416-969-8510 for more information*

